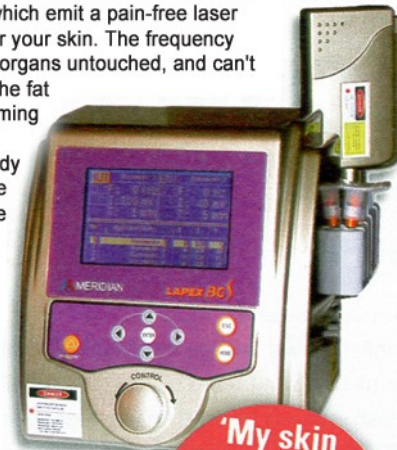


FAT-MELTING LASER

Say what? Melt away pesky fat cells without having a vacuum stuck in your thighs. Laser Lipo is a brand new procedure that has several advantages over other 'lunchtime' alternatives to liposuction: unlike Smart Lipo you don't have a probe inserted under your skin to zap fat cells, and unlike ultrasound fat-blitzing you can treat small areas like bingo wings along with the usual bums and tums. You have two pads strapped to your skin which emit a pain-free laser that penetrates just a few millimeters under your skin. The frequency only targets fat cells, leaving muscles and organs untouched, and can't penetrate deeper than a few millimetres. The fat then seeps out of the cells (think sweat coming out of pores), then it's cleared by the liver just as it would be when you've eaten a lardy meal. Eight sessions are needed to see the full effect but there should be an immediate difference on the tape measure after one. Lazy tester says: 'Having had one half of one underarm zapped in the past (I started blubbing and legged it from the salon), I wouldn't have put the words "laser" and "painless" in the same sentence. I was cringing like a Death Row crim as the laser "paddles" were strapped to my bingo wings and the switch was flicked, but to my relief I felt nothing but slight warmth. The only nasty moment was when my fleshy tricep got trapped between the two laser pads and it pinched. After 15 mins flab zapping each side, I was directed onto a Power Plate machine for a few minutes (the vibrations help eliminate the liberated fat), then measured. I'd lost half a cm off the flabbiest bit and my skin felt lots tighter. A few days later, my skin still felt super-taut and smooth and my upper arm was now 1cm smaller. Not life-changing (yet) I grant you, but I'll be having more sessions asap.'



'My skin felt taut and smooth and my upper arm was now 1cm smaller'

• £750 per session or £1,000 for a course of eight. For details of salons see www.hh-clinic.co.uk or call 0870 220 2696